



SALADS

Veg

<p>■ Veg Protein Salad 230 Veggies + Peanuts+ Paneer (100gm) + Mix beans</p>	<p>■ Tandoori Paneer Salad 220 Veggies + Marinated Paneer (100gm)</p>
<p>■ Paneer & Pasta Salad 230 Veggies + Marinated Paneer (80gm) + Whole Wheat Pasta Cooked in Red Sauce</p>	<p>■ Tofu Salad 200 Veggies + Flavoured Tofu</p>
<p>■ Veg Falafel Salad 220 Veggies + Fresh Falafel kabab made with chickpeas & herbs.</p>	<p>■ Pasta Salad (Whole Wheat) 210 Veggies + Whole Wheat Pasta cooked in Red Sauce</p>
<p>■ Veggie Salad 190 Includes all veggies, such as lettuce, capsicum, cucumber, green beans, etc.</p>	<p>■ Premium Fruits Salad 210 Combination of Diced Seasonal & Tropical Fruits</p>
<p>■ Fruits & Nuts Salad 230 Cobination of Diced Seasonal & Tropical Fruits + Dry Fruits (Eg. Cashews, almonds, walnuts, resins)</p>	
<h3><u>Non-Veg</u></h3>	
<p>■ Chicken Protein Salad 240 Veggies + Chicken (100gm- After cook) + Sprouts + Quinoa</p>	<p>■ Grilled Chicken Salad 230 Veggies + Grilled Chicken (100gm- After Cook)</p>
<p>■ Tandoori Chicken Salad 230 Veggies + Tandoori Flavoured Chicken (100gm- After Cook)</p>	<p>■ Peri Peri Chicken Salad 230 Veggies + Peri Peri flavoured Chicken (100gm- After Cook)</p>
<p>■ Chicken Kabab Salad 230 Veggies + Chicken kabab (100gm)</p>	<p>■ Chicken & Pasta Salad 240 Veggies + Chicken (80gm) + Whole Wheat Pasta Cooked in Red Sauce</p>

PIZZA (WHEAT BASE)

<p>■ Veggie Loaded Pizza 300 10" wheat base, thin crust, loaded with fresh veggies,</p>		<p>■ Chicken Pizza 340 10" wheat base, thin crust, loaded with fresh veggies, Chicken (100gm).</p>
<p>■ Paneer Pizza 340 10" wheat base, thin crust, loaded with fresh veggies, Paneer (100gm).</p>		<p>■ Chicken Kabab Pizza 340</p>

MULTIGRAIN SUB (6")

<p>■ Veggie Sub 150 Multigrain Sub Loaded with Veggies (Iceberg, Cucumber, Tomato, Capsicum, Onion), Pickle and Dressings.</p>	<p>■ Tandoori Paneer Sub 170 Multigrain Sub Loaded with Veggies, Paneer, Pickle and Dressings.</p>
<p>■ Tofu Sub 170 Multigrain Sub Loaded with Veggies, tofu, Pickle and Dressings.</p>	<p>■ Falafel Sub 170 Multigrain Sub Loaded with Veggies, falafel Patty, Pickle and Dressings.</p>
<p>■ Grilled Chicken Sub 180 Multigrain Sub Loaded with Veggies, Grilled Chicken Breast, Pickle and Dressings.</p>	<p>■ Chicken Kabab Sub 180 Multigrain Sub Loaded with Veggies, Fresh Chicken Kabab, Pickle and Dressings.</p>
<p>■ Tandoori Chicken Sub 180 Multigrain Sub Loaded with Veggies, Tandoori Flavoured Chicken Breast, Pickle and Dressings.</p>	<p>■ Peri Peri Chicken Sub 180 Multigrain Sub Loaded with Veggies, Peri Peri Flavoured Chicken Breast, Pickle and Dressings.</p>



WRAPS (WHEAT)

● Veggies Wrap 150

Mix Veggies with Tasty Dressing Wrapped in Multigrain Tortilla.

● Tofu Wrap 170

Healthy Tofu along with Veggies & Tasty Dressing Wrapped in Multigrain Tortilla.

● Mushroom Wrap 170

Grilled Mushroom along with Veggies & Tasty Dressing Wrapped in Multigrain Tortilla.

● Tandoori Chicken Wrap 180

Spicy Tandoori Flavoured Chicken along with Veggies & Tasty Dressing Wrapped in Multigrain Tortilla.

● Grilled Chicken Wrap 180

Grilled Chicken along with Veggies & Tasty Dressing Wrapped in Multigrain Tortilla.

● Tandoori Paneer Wrap 180

Tandoori Paneer along with Veggies & Tasty Dressing Wrapped in Multigrain Tortilla.

● Falafel Wrap 180

Healthy Falafel Patty along with Veggies & Tasty Dressing Wrapped in Multigrain Tortilla.



● Peri Peri Chicken Wrap 180

Peri Peri Flavoured Chicken along with Veggies & Tasty Dressing Wrapped in Multigrain Tortilla.

● Chicken Kabab Wrap 180

Chicken Kabab along with Veggies & Tasty Dressing Wrapped in Multigrain Tortilla.

BROWN BREAD SANDWICH

● Grilled Paneer Sandwich 90 | 180

Fresh Paneer Mixed with Chopped Veggies & Delicious Spread, Stuffed inside Grilled Brown Bread.

● Fat Free Paneer Sandwich 180

Marinated Paneer Mixed with Chopped Veggies & Fat Free Spread, Stuffed inside Grilled Brown Bread.

● Grilled Veg Sandwich 80 | 150

Mix veggies such as capsicum, corn, onion etc and Sandwich Dressing, Stuffed inside Grilled Brown Bread.

● Grilled Chicken Sandwich 90 | 180

Tasty Chicken (60/120gm) mixed with veggies and Sandwich Dressing, Stuffed inside Grilled Brown Bread.

● Fat Free Chicken Sandwich 180

Chicken (120gm) mixed with veggies and Fat Free Sandwich Dressing, Stuffed inside Grilled Brown Bread.

● Club Paneer Sandwich 220

2 Layered Jumbo Sandwich, First Layer of Veggies and Second of Paneer

● Paneer Supreme Sandwich 260

Double Paneer Mixed with Chopped Veggies & Delicious Spread, Stuffed inside Double layer Grilled Brown Bread.

● Spinach & Corn Sandwich 180

Delicious Spinach and Sweet Corn Spread, Stuffed inside Grilled Brown Bread.

● Club Chicken Sandwich 230

2 Layered Jumbo Sandwich, First Layer of Veggies and Second of juicy and tender chicken (120gm)

● Chicken Supreme Sandwich 270

Tasty Chicken (220gm) with veggies & Sandwich Dressing, Stuffed inside 2 layered Grilled Brown Bread.



CHICKEN MEALS

● PERI PERI CHICKEN LEGS (Oil Free) 2pc : 180 4pc : 340 6pc : 480 8pc : 560

● HERBED CHICKEN WINGS (Oil Free) 4pc : 250 6pc : 360 8pc : 450 10pc : 520

● Pan Chicken Breast (250 GM) 230

Tender Chicken Breast (250gm), Coated with Tandoori marinade and and Pan Cooked + Veggies

● Steamed Chicken Breast (250 GM) 230

Tender Chicken Breast (250gm), Coated with Lemon marinade and Steam Cooked + Veggies

● Malai Chicken Tikka (250 GM) 270

Tender Chicken Breast (250gm), Coated with Malai marinade and Pan Cooked

● 4 + 4 BUCKET (4 LEGS + 4 WINGS) 520

● Grilled Chicken Breast (250 GM) 230

Grilled Chicken Breast (250gm) + Veggies.

● Grilled Breast with Mashed Potato 240

Grilled Tender Marinated Chicken Breast (200gm) + Veggies + Mashed Potato



RICE MEALS

● Veg Protein Rice 220

Veggies + Paneer(100gm) + Peanuts + Mix Beans Sauteed well + Brown rice.

● Mushroom Rice Bowl 190

Basmati Rice (200gm) + Saute Mushroom, Tossed in Wefit's Special Biryani Flavoured Gravy.

● Tofu Rice Bowl 200

Basmati Rice (200gm) + Tofu Tossed in Wefit's Special Biryani Flavoured Gravy.

● Chicken Protein Rice 220

Veggies + Chicken (100gm) + Mix Beans Sauteed well + Peanuts + 150gm Brown rice.

● Double Chicken Rice Bowl^(Bestseller) 230

Basmati Rice (200gm) + Chicken, Tossed in Wefit's Special Biryani Flavoured Gravy.

● Peri Peri Leg Rice Bowl 260

Flavoured Basmati Rice (200gm) + 2 Peri Peri Legs

● Fish Rice Bowl 230

Flavored White Rice (200gm) + Grilled Fish (100gm)

EGG MEALS

● Sunrise Omellete with Veggies 160

Sunny Side up Egg Omellete (4 eggs), Served with Veggies and Brown Bread.

● Veggies Omellete 140

3 Eggs Omelette with Mix Veggies. Served with Brown Bread.

FISH MEALS

● Grilled Fish With Veggies 290

Flavoured Grilled Fish (200gm) + Veggies

● Grilled Fish With Mashed Potato 320

Grilled fish + Veggies + Mashed Potato

● Veggie Rice Bowl 200

Basmati Rice (200gm) + Veggies, Tossed in Wefit's Special Biryani Flavoured Gravy.

● Paneer Rice Bowl 200

Basmati Rice (200gm) + Paneer (100gm), Tossed in Wefit's Special Biryani Flavoured Gravy.

● Double Paneer Rice Bowl 260

Basmati Rice (200gm) + Paneer (200gm), Tossed in Wefit's Special Biryani Flavoured Gravy.

● Chicken Rice Bowl 200

Basmati Rice (200gm) + Chicken (100gm), Tossed in Wefit's Special Biryani Flavoured Gravy.

● Egg Rice Bowl 190

Basmati Rice (200gm) + Scrambled egg, Tossed in Wefit's Special Biryani Flavoured Gravy.



● Mushroom Omellete 160

3 Eggs Omelette with Sliced Mushrooms on Top. Served with Brown Bread.

● Chicken & Veggies Omellete 170

3 Eggs Omelette with Mix Veggies, Topped with chicken chunks. Served with Brown Bread.

